



37th annual

Gulf Coast Games for Life – Senior Games

Racquetball | Tuesday, Jan. 27, and Thursday, Jan. 29, 2026 | 1 p.m.



Register online at SarasotaCountyParks.com or scan the QR code.

16 events to choose from:

- Archery
- Bag Toss (Corn Hole)
- Basketball Shooting
- Bowling
- Cycling
- Golf
- Pickleball
- Race Walk/Power Walk
- Racquetball
- 5K Road Race
- Rowing and Paddle
- Shuffleboard
- Swimming
- Table Tennis
- Target Shooting
- Track and Field

Sarasota City YMCA | 1075 S. Euclid Ave., Sarasota

- The Gulf Coast Games for Life is a multi-sport event program for amateur athletes ages 50 and over.
- Events take place in Sarasota County, Manatee County and the City of North Port.
- One-time registration fee of \$13. Entry fee of \$4 per event. Bowling, Golf, Pickleball and 5K Road Race have a facility fee.
- Three ways to register: online at SarasotaCountyParks.com, call 941-861-PARK (7275) or use the mail-in form in the Gulf Coast Games for Life booklet located at Sarasota County, Manatee County and the City of North Port government buildings.
- The 2026 Gulf Coast Games for Life is a qualifier for the Florida Senior Games, to be held in December 2026.

Registration deadline: Thursday, Jan. 15, 2026

